

## From the School Nurses



Please monitor your child DAILY for the following symptoms:

- Fever (100.0 F or higher), chills, or shaking chills
- Cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache, *when in combination with other symptoms*
- Muscle aches or body aches
- Nausea, vomiting or diarrhea
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

Please call the Main office at (978) 441-4420 to report your child's absence from school if they are experiencing any of the above symptoms.

These are unprecedented times and therefore if your student has any of the above signs and symptoms due to a chronic condition i.e. seasonal allergies, migraines, chronic cough or gastrointestinal issues, a signed physician's documentation must be on file with the nurse's office at the start of this school year. Understand that if your student presents to the nurse's office with any of the above symptoms and does not have physician documentation of a known condition on file, they will be sent home with instructions to call the doctor and be tested for COVID-19 per MA Department of Public Health guidelines.

If your child requires medication during the school day please make sure a doctor's order is on file with the school nurse. These documents can be found on the GLTHS website under the Health and Wellness Department.

