

Below is information relating to **Greater Lowell Tech Fall 2023** athletic programs. All pre-season practice/try-outs will be held on campus here at Greater Lowell Tech unless otherwise noted. For any specific questions please contact the coach/s listed for the program you are interested in, or the Athletic Directors office via email at [mwhite@gltech.org](mailto:mwhite@gltech.org) and [aramirez@gltech.org](mailto:aramirez@gltech.org)

### **Boys Soccer**

Head Coach:

Julio Pastrana

[jpastrana@gltech.org](mailto:jpastrana@gltech.org)

All practices on front field (next to Pawtucket BLVD gate).

8/21- 10:00am-12:00pm

8/22- 10:00am-12:00pm

8/23- 10:00am-12:00pm

8/24- 10:00am-12:00pm

8/25- 10:00am-12:00pm

### **Girls Soccer**

Head Coach:

Brian Martin

[bpmartin@gltech.org](mailto:bpmartin@gltech.org)

All practices on baseball field, located adjacent to main stadium.

8/21- 5:00pm-7:30pm

8/22- 5:00pm-7:30pm

8/23- 5:00pm-7:30pm

8/24- 5:00pm-7:30pm

8/25- 5:00pm-7:30pm

### **Girls Volleyball**

Head Coach:

Araceli Lopez

[aracelilopez19@gmail.com](mailto:aracelilopez19@gmail.com)

[alopez@gltech.org](mailto:alopez@gltech.org)

All practices in main gym. Please enter through bus tunnel doors.

8/21- 12:30pm-2:30pm (new players); 2:30pm-4:30pm (returning players)

8/22- 12:30pm-2:30pm (new players); 2:30pm-4:30pm (returning players)

8/23- 12:30pm-2:30pm (new players); 2:30pm-4:30pm (returning players)

8/24- 12:30pm-2:30pm (new players); 2:30pm-4:30pm (returning players)

8/25- 12:30pm-2:30pm (new players); 2:30pm-4:30pm (returning players)

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## **Golf**

Head Coach:

Bob Jones

[rjones@gltech.org](mailto:rjones@gltech.org)

8/18- 10:30am @ World Cup Golf Center (Hudson, NH)

\*Coach will inform players of remaining pre-season schedules at tryouts on the 18<sup>th</sup>.

## **Field Hockey**

Head Coach:

Kelly Griffin

[kgriffin@gltech.org](mailto:kgriffin@gltech.org)

All practices on back field/softball fields (next to Varnum Ave. gate).

8/21- 9:00am-12:00pm

8/22- 9:00am-12:00pm

8/23- 9:00am-12:00pm

8/24- 9:00am-12:00pm

8/25- 9:00am-12:00pm

## **Football**

Head Coach:

Shane Abrams

[sabrams@gltech.org](mailto:sabrams@gltech.org)

All practices on fenced field next to main stadium.

8/18- 2:00pm-6:00 \*Grades 10-12 only

8/19- 9:00am-12:00pm \*Grades 10-12 only

8/21- 3:00pm-6:00pm Grades 10-12; Freshman players 3:00pm-6:00pm

8/22- 3:00pm-6:00pm Grades 10-12; Freshman players 3:00pm-6:00pm

8/23- 3:00pm-6:00pm Grades 10-12; Freshman players 3:00pm-6:00pm

8/24(double session)- 3:00pm-5:30pm/6:30p-8:00pm Grades 10-12; Freshman players 3:00pm-6:00pm

8/25 (double session)- 9:00am-11:30am/1:00pm-3:00pm Grades 10-12; Freshman players 3:00pm-6:00pm

8/26- JV & Varsity scrimmage @ Amesbury; 10:00am

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## **Cross Country**

Head Coach:

Matt Murphy

[mmurphy@gltech.org](mailto:mmurphy@gltech.org)

All runners should meet on back field/softball fields (next to Varnum Ave. gate).

8/21- 8:00am-9:45am

8/22- 8:00am-9:45am

8/23- 8:00am-9:45am

8/24- 8:00am-9:45am

8/25- 8:00am-9:45am

8/26- 8:00am-9:45am

## **Cheer**

Head Coach:

Jen Riley

[jenniferriley@gltech.org](mailto:jenniferriley@gltech.org)

Practices for the first week will be held in the main gym. Please enter through bus tunnel doors.

8/21- 9:00am-12:00pm

8/22- 9:00am-12:00pm

8/23- 9:00am-12:00pm

8/24- 9:00am-12:00pm

8/25- 9:00am-12:00pm

## **Competition Dance Team**

Head Coach:

Kim Febres

[kfebres@gltech.org](mailto:kfebres@gltech.org)

Please email Coach Febres for pre-season practice details.